
In summary, PDT matches the “Ideal Treatment” for actinic damage:

- Well tolerated
- Easily performed by a specialty clinic environment
- Non-invasive
- Excellent cosmetic outcome

Treatment steps

1. Make sure your skin is clean and free of all make-up, moisturizers and sunscreens. Bring a hat, sunglasses and scarf when appropriate to the clinic.
2. An acetone scrub is performed. This will enhance the absorption of the Levulan and give much more even uptake.
3. Levulan is applied topically to the whole area to be treated.
4. The Levulan is left on for 30-240 minutes before the treatment.
5. The Levulan is activated with the BLU-U. This unique spectrum of light activates the Levulan.
6. Post-treatment instructions will be given to you to care for your improved skin.