
Post Care Instructions for Photo Dynamic Therapy (PDT)

You have just completed Photodynamic Therapy. The chemical that was applied to your skin is a strong photo sensitizer which can cause severe sunburn. It will wear off from the treatment site in 24-48 hours.

There is no absorption into the bloodstream, so you will not be sun sensitive on any untreated areas. Natural sunlight, sunlight through window glass and sunlight through clouds will continue to activate this chemical until it wears off. Sunscreen will only partially block reaction so it is very important that you drive straight home, do not stop for any errands, and remain indoors for 24-36 hours. You can go out at night when the sun goes down. After 36 hours the chemical will have worn off your skin and you can restart your regular activities.

It sometimes takes 2-3 treatments to achieve the desired results. If you experience any significant discomfort after the procedure please call the office and we can provide soothing creams and lotions. If you do get a significant sunburn reaction you will actually get a better treatment result but the sunburn is uncomfortable and we try to avoid it if possible. You can wash your face and scalp and apply make-up at anytime after the procedure is complete. Please call the office if you have any questions or concerns.