

# SURGERY

**PATIENT:** \_\_\_\_\_

**Your surgery has been scheduled for:**

**DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_

## Preparations for Surgery

1. Surgery is a surgical procedure that may take all day to complete. There is the possibility that the surgery could be completed sooner. Therefore, do not make any other plans on the day or evening of your surgery.
2. Bring a list of medications being taken or the actual medications. If you take aspirin, be sure to include it on your list.
3. Eat a good breakfast or lunch before coming to the office depending on what time your surgery is scheduled. We also encourage you to bring a snack, drink, lunch, or a book.
4. **Anticoagulant medications can lead to bleeding problems. Aspirin, NSAIDS, Coumadin, and Plavix are very common medicines that cause bleeding. If you take any of these, please call your doctor who has prescribed them and ask if you can be off of Plavix and Coumadin for 24 hrs before surgery. Also, ask if you can stop Aspirin (and Aspirin like drugs) for 3 days before and 2 days after surgery. Please keep in mind that these medications may lead to operative bleeding which may be difficult to control in a few patients. On the other hand, these medications are useful for preventing heart attacks, strokes, and atrial fibrillation at the very least and sometimes can not be stopped prior to surgery.**
5. You may bring a friend or family member with you (please bring no more than ONE person with you because of limited seating). He or she can keep you company in the waiting room and drive you home if you feel unable to drive yourself. However, they will not be allowed in the surgery room during the procedure.
6. If the procedure to be done is on your face, please **DO NOT** wear makeup or jewelry on or around your face such as earrings, necklaces, etc. Try to wear a button up shirt.
7. Hair should be worn away from the surgical area.
8. Your surgical procedure **will** leave a scar.
9. If for any reason you can not keep your appointment, please contact Derm One at **(276) 326-3376** as soon as possible, preferably 48 hours in advance.